

PSYCHOLOGY

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Psychology 1 – Through the study of psychology, students acquire an understanding of and an appreciation for human behavior, behavior interaction and the progressive development of individuals. The content examined in this first introductory course includes major theories and orientations of psychology, psychological methodology, memory and cognition, human growth and development, personality, abnormal behavior, psychological therapies, stress/coping strategies, and mental health.

*Note: When studying psychology, there can be sensitive subjects discussed. Students are expected to treat one another with maturity, respect and should value the right to opinion of classmates.

Skills to be utilized in this course:

- Effective writing
- The ability to express and defend a position
- The ability to evaluate critically and to compare scholarly works
- To listen to and respect your fellow classmates

Methods:

- ❖ Reading and analyzing documents, articles, the text, charts and graphs
- ❖ Exploring topics through Socratic Seminar, presentations, projects, group and individual work
- ❖ Conducting research using internet and media center
- ❖ Content and vocabulary building through weekly quizzes and/or exams

Resources:

Text Book:

Myers, David G., *Psychology*. New York, NY: Worth Publishers, 2007.

ISBN: 978-0-7167-5251-6

Web Sites:

Psychology Today- <http://www.psychologytoday.com/>

National Institute of Mental Health- <http://www.nimh.nih.gov/index.shtml>

TED- <http://www.ted.com/>

New York Times- www.nytimes.com

National Public Radio- www.npr.org

WIKIPEDIA IS NOT ACCEPTABLE AS A SOURCE

Supply List:

- ✓ Binder with a section designated for Psychology
- ✓ Within Psychology section you need to have dividers for 1)classwork 2)chapter notes 3)handouts and 4)tests/quizzes
- ✓ Pen & Highlighter
- ✓ Paper

Grading Points:

100- Exams

70- Projects

50- Quizzes and Essays

30-40- Daily Class work/Participation

20-30- Homework

Missed Work/Assignments/Exams:

You will have the opportunity to make up missed work when absent. You will need to meet with me to get missed work. It is to be completed at home and/or after school. You will have one week upon return to make up assignments/exams. After that points will be deducted for each day late.

Expectations:

For this class to be interesting and interactive I need you to behave in a respectful and cooperative manner. To be successful in this course you need to complete assignments (in and out of class) in time given and respect deadlines. Please take care of all personal issues before entering class and be ready to work.

Course Matrix:

Unit	Topics Covered	Text Chapters
1- Intro to Psychology	Intro to Psychology Psychological Methods Neural Communication The Brain	Prologue 1 2
2- Development	Nature v. Nurture Physical, Cognitive & Social Infancy & Childhood Adolescence Adulthood Moral	3 4
3- Learning	Classical Conditioning Operant Conditioning Learning by Observation Law of Effect	8
4- Thinking and Language	Language Acquisition Problem Solving Decision Making	10
5- Memory	Encoding Encoding Retrieval	9
6-Psychological Disorders	Personality Abnormal Behavior Classification Treatment	15 16 17